

DAY 31: SEEK AND OBEY

How can you renew your mind daily to better understand and follow God's will?
What unhealthy thought patterns do you need to break free from?

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook paper. There are no margins, text, or other markings on the page.